

# Neekly Newsletter

DATE: 29 September 2023/ Amberfield College Newsletter

### Weekly activities

INTERVENTION MONDAY: TUESDAY: INTERVENTION **INTERVENTION** WEDNESDAY: THURSDAY: Detention FRIDAY: SATURDAY:

#### **UNIFORM**

Our Uniform shop is open Monday, Wednesday & Friday Tuesday & Thursday Last Saturday of the Month

07:00 - 12:00

10:00 - 15:00

09:00 - 12:00

### Word from the executive principal

#### **Dear Parents**

Please note that we will have an IEB information session on the following days at 5pm.

Primary school (Grade 2 – 6 Parents) – 10 October High School (Grade 7 – 9 Parents) – 17 October

**Kind Regards** Mr M Ponnen - Executive Principal



### Important dates and events

Friday 29 September: School Closes for Term 3 Monday 9 October: School Start for Term 4

\*Please see the D6 Connect App for the detailed calendar

#### BANKING DETAILS

Bank: Nedbank

Account number: 1160699062

Branch Code: 198765

Account Holder: Amberfield College

Reference: Family Code

FOR MORE INFORMATION:

Email: debtors@amberfieldcollege.co.za

Tel: 012 865 0101





We will update you on important school info daily!

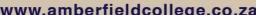
Contact us for more information















#### Pre - Primary news

#### **Dear parents**

With Term Three coming to an end we would like to THANK YOU, our parents for your continuous support. This was a very busy term and we made a success of all our special days, as well as, academics.

Please note the reports are going home on Friday 29 September. Please reward your child for their beautiful report and be proud of them. They have worked very hard to achieve their outstanding marks.

The school will re-open on Monday 9 October for the last Term. The 4<sup>th</sup> Term usually goes by very quickly and we have many fun days lying ahead along with our Graduation and Concert. Please ensure you make a note of the special days below.

We would like to wish our parents and staff a wonderful holiday and if you are going away for the week, please drive safe.

#### **Special days for Term 4**

Monday 9 October - School opens

Friday 13 October – Colour run (wear old white clothes on Friday and Please send a black bag in your child's

school bag for them to sit on in the car and transport as they will be very dirty and

colourful)

Friday 20 October – Funky hair day (Communication will be sent out)

Friday 27 October - Cosplay day - learners may wear Comic character themed Civvies for R10

Monday 30 Oct – Graduation photo day for Gr R learners

(Come neatly dressed in summer school uniform and hair neat)

Friday 3 Nov – Gr R graduation ceremony and Concert for the Pre-School

(Communication will be sent out)

Friday 10 Nov – Funky sock day

Friday 17 Nov – Letter land character day

(Choose your favourite letter land character and come dressed as him/her)

Friday 1 Dec – Secret Santa day and class parties.

Kind Regards and Amo!
Ms L Pretorius
Pre-Primary Principal
Ipretorius@amberfieldcollege.co.za



#### **Primary School**

Greetings once again, and welcome to the final newsletter of Term 3! I would like to take this opportunity to thank all the teachers, parents and especially the learners for all their hard work and achievements this term, be it in the classroom, the sports fields or the stage. Well done, and enjoy the short break ahead before the final stretch.

#### **Grade 3 Pen Licence:**

Exciting news!!! The Grade 3 learners received their Pen-licences on 22 September 2023. To be able to receive their Pen-license, each learner had to master writing neatly and correctly in print and cursive. We are extremely proud of each learner and look forward to them working in pen for the remainder of the year.







#### **Subject Spotlight:**

Life skills-Gr 1 Visual Art



Life skills-Gr 2 Puppets of People who help us.



Life skills-Gr 3 Space



Natural Sciences: Gr 7 learners participated in the Astro Quiz.



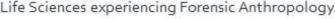
#### **Important Dates:**

9 October	School re-opens for Term 4	
10 October	Grade 2 – 6 IEB General Information for Parents @ 17:00	
16 October – 18 October	Systemic and benchmarking tests	
9 November – 24 November	Final Examinations	
4 December	Gr 1-3 Awards Ceremony @ 09:00 — 11:00	
7 December	Gr 4 – 6 Awards Ceremony @ 8:00 – 11:00	
	Gr 7 - Valediction @ 17:00 - 20:00	
11 December	Gr 1-3 Reports handed out	
12 December	Gr 4-7 Reports handed out	
13 December	School closes @ 10:00	

Kind Regards and Amo! Mrs B Derbyshire Primary School Principal bderbyshire@amberfieldcollege.co.za

### High School News Term 3 in pictures

Life Sciences experiencing Forensic Anthropology.











Mathematics Olympiad top achievers



Mathematics putting SMILES on faces

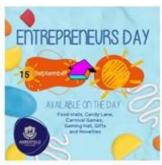




Visit to Maropeng







Science Expo





Some important dates for this term: Monday, 9 October:

Start of term 4.

Kind regards and AMO Mrs. H. Share **High School Principal** hshare@amberfieldcollege.co.za

#### **Culture News:**



#### Dear Parents/ Guardians,

#### **Artistatue National Finals**

We are extremely proud of our entire Culture Department. Term 3 of 2023 has definitely been one to remember with our learners achieving so many great achievements. But, to top it all off, its still not the end of the year and our learners are still continuing to make us extremely proud. We are proud to announce that many of our learners have gone through to the National Finals of the Artistatue Festival! We are incredibly proud of these learners and this wonderful achievement where they will not only compete against the rest of the country and represent our school, but also represent Gauteng Province on a National platform!

Well done to following learners who qualified for the National Finals that will take place from 16 – 20 October 2023:

Sinothando Malefane	Gr7	Vocal Solo
Lorraine Shamiso	Gr7	Vocal Solo
Lerato Ngoato	Gr 9	Vocal Solo
Ontshiametse Khoele	Gr 10	Vocal Solo
Swaggy Starz	Gr 4	Dance Group Hip Hop
Beat Breakers	Gr 5 - 7	Dance Group Hip Hop
Firehouse	Gr 9 - 11	Dance Group Hip Hop
AADC	Gr 8 - 12	Dance Group Amapiano
Mamello Sijake	Gr 6	Dance Solo Open Genre
Ontonoa Raphulo	Gr 10	Dance Solo Hip Hop
Kwenadi Letsoalo	Gr 11	Dance Solo Hip Hop
Amberfield Mini Marimbas	Gr 5 - 7	Instrumental Marimbas
Amberfield New Marimbas	Gr 8 - 11	Instrumental Marimbas
Amberfield OG Marimbas	Gr 11 - 12	Instrumental Marimbas
Imitha Bonkolo	Gr 2	Instrumental Solo Piano
Ongama Bonkolo	Gr 8	Instrumental Solo Piano
Nyeleti Chauke	Gr 11	Instrumental Solo Piano
Sinothando Malefane	Gr7	Monologue
Sinothando Malefane	Gr7	Monologue
Ponelo Nkala	Gr 11	Monologue
Tshepo Kalaba	Gr 11	Monologue
Clairese Williams	Gr 12	Monologue
Pelonolo Mokoena	Gr 12	Monologue
Ponelo Nkala	Gr 11	Dialogue
Tshepo Kalaba	Gr 11	Dialogue
Busang Brandt	Gr7	Dramatised Poetry
Shyla Govender	Gr 6	Dramatised Poetry Duo
Michaela Mey	Gr 6	Dramatised Poetry Duo
Gr 6 Drama group	Gr 6	Mini Play

Kind Regards and Amo! Mr V Farmer

Head of Culture: Primary School vfarmer@amberfieldcollege.co.za

Kind Regards and Amo!

Mr Q Wils

Head of Culture: High School qwils@amberfieldcollege.co.2

#### **Sport News:**



Congratulations to Riley Rampersad who has made it to the last round of the Northern Cricket trials that will be taking place during the holiday. All the best Riley!

Thank you to each and every one who participated in this term's sport. It went very well, and hope that we can continue with it in the next term. Enjoy your Holiday. Get some rest. See you all in Term 4!



#### Kind Regards and Amo!

Mr N Liebenberg
Head of Sport: Primary School
nliebenberg@amberfieldcollege.co.za

#### Kind Regards and Amo!

Ms R Hurn Head of Sport: High School

rhurn@amberfieldcollege.co.za

#### **Therapy News:**



#### Hello Parents and Learners

In South Africa, Mental Health Awareness Month is celebrated in October and World Mental Health Day is celebrated on 10 October every year. This year the theme that has been set by the World Foundation of Mental Health is "Mental Health is a universal human right." Mental health does not just refer to the absence of mental illness, but rather forms part of a holistic approach to self-care that involves our physical, psycho-social and emotional well-being. According to the World Health Organisation, mental health refers to "a state of well-being in which the individual realizes his or her own abilities. They can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community". Mental illness, on the other hand, is described as 'the spectrum of cognitive, emotional, and behavioral conditions that interfere with social and emotional well-being and the lives and productivity of people.'

While mental health is our right, we also have a responsibility to take care of our health. Looking after your mental health can help you enjoy life.

Setting goals for achieving and sustaining health on the most basic level is an ongoing process involving intentionality and commitment to personal strategies or organised interventions for the whole family, such as having a healthy diet, taking nutritional supplements, engaging in physical exercise, having sufficient sleep, having family fun and maintaining healthy and strong social relationships with family and friends.

There's an old Chinese proverb that says: 'The journey of a thousand miles begins with a first step.' So, what will your first lifestyle change be as we embark on a mental health journey in October 2023? Sometimes it's the simple, small changes - things and some people - that we need to let go off, that can make a world of mental health difference.



Wishing the parents and learners a safe and healthy Term 3 break.

#### Kind regards and AMO! Mrs Gail Sentoo School Social Worker

gails@amberfieldcollege.co.za



# SPECIAL SCHOLAR Gym membership!

Planet Fitness has joined forces with your child's school to launch an exciting new wellness initiative. Now offering **specials on all joining fees** to help you reach your health & fitness goals.

At Planet Fitness we believe that health & fitness should be the core foundation for all children. That's why we've arranged to provide you with the know-how, skills & inspiration to encourage you & your children to lead a healthier lifestyle.

Scholars wanting to make use of their gym of choice in **off peak training times can** 

Join Planet R99\*
Fitness for only

OR

Scholars wanting to make use of their gym of choice in **peak training times can** 

Join Planet R199\*
Fitness for only R199\*

### TEENS TRAIN FOR FREE ON A PARENT'S MEMBERSHIP.\*

Always staying abreast of international fitness trends, Planet Fitness boasts world class facilities & equipment, including indoor running tracks & swimming pools at many of our gyms. In addition, Planet Fitness also offers a wide variety of cutting-edge studio & floor-based classes. For more info, go to <a href="https://www.planetfitness.co.za">www.planetfitness.co.za</a>

#### **HOW TO GET STARTED:**

- Call your nearest Planet Fitness Club and make an appointment
- · Please bring along both your ID's and your child's report card
- Make a booking for our induction programme

\*T&C's Apply



